

# **Ministry of Education**

# Operational Guidance for Child Care During COVID-19 Outbreak – For First Nations

Version 7.0

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#### **Highlights of Changes**

- (p.12-13) Guidance on the use of masks: If the child, the child care staff, home child care provider, home child care visitor or placement student received a COVID-19 vaccination in the last 48 hours and has mild headache, fatigue, muscle aches and/or joint pain that only began after immunization, and no other symptoms, they are to wear a properly fitted mask for their entire time in the child care setting. Their mask may only be removed to consume food or drink and the individual must remain at least two metres away from others when their mask has been removed.
- (p.14-15) Screening for Symptoms: If the child, child care staff, provider, placement student or visitor received a COVID-19 vaccination in the last 48 hours and is experiencing mild headache, fatigue, muscle aches, and/or joint pain that only began after vaccination, and no other symptoms as indicated in the updated <a href="COVID-19">COVID-19</a> School and Child Care Screening Tool, they may continue to attend the child care program if they are feeling well enough to do so.
  - If the mild headache, fatigue, muscle aches, and/or joint pain symptoms worsen, continue past 48 hours, or if the individual develops other symptoms, they should leave the child care setting, or if in a home setting, the home care provider should no longer offer care, self-isolate and seek COVID-19 testing.
  - The child, child care centre staff, provider or placement student must not attend child care if household members are experiencing any new COVID-19 symptoms (this direction does not pertain to those who received a COVID-19 vaccination in the last 48 hours and are experiencing mild headache, fatigue, muscle aches, and/or joint pain that only began after vaccination, and no other symptoms) and/or are waiting for COVID-19 test results after experiencing symptoms.
- (p.18) Monitoring COVID-19 Symptoms: If a household member received a COVID-19 vaccination in the last 48 hours and is experiencing mild headache, fatigue, muscle aches, and/or joint pain that only began after vaccination, and no other symptoms as indicated in the updated COVID-19 School and Child Care Screening Tool, they are not required to self-isolate (stay home). If the symptoms worsen, continue past 48 hours, or if the individual develops other symptoms, they should immediately self-isolate and seek COVID-19 testing.

#### INTRODUCTION AND PURPOSE

This guidance document is intended for licensed child care operated on reserve in First Nations communities recognizing the unique jurisdictional, geographic and cultural considerations in these communities. This guidance document is meant to support partners in meeting requirements set out under the <a href="Child Care and Early Years Act, 2014">Child Care and Early Years Act, 2014</a> (CCEYA) and the <a href="Reopening Ontario">Reopening Ontario</a> (A Flexible Response to COVID-19) Act, 2020, to provide clarification on operating child care programs with enhanced health and safety guidelines and/or restrictions in place. The guidance provided has been approved by the Office of the Chief Medical Officer of Health and will be amended when these restrictions can be lifted and/or amended to reflect new advice at that time.

This guidance document has been designed for use in conjunction with the Child Care Centre Licensing Manual, Home Child Care Agency Licensing Manual, the CCEYA and its regulations. In the event of a conflict between this document and the licensing manuals, this document will prevail. The advice of Health Canada and/or public health must be followed, even in the event that it is different from this guidance document.

The information found within this guidance documents is intended to represent the minimum recommendations of the Ministry of Education. Child care and early years sector partners, may, particularly at the advice of their local public health unit or Health Canada, choose to implement additional measures based on local circumstances.

On September 1, 2020 child care programs were permitted to return to maximum group sizes as set out under the CCEYA (i.e. licensed age groups prior to the COVID-19 outbreak). All child care settings must continue to operate with enhanced health and safety measures in place, including the use of medical masks and eye protection (e.g. face shield or goggles) for all staff/providers.

As always, the top priority for the ministry is the health and safety of the children and child care staff/providers. We will monitor the COVID-19 outbreak situation closely and revise this guidance, as needed, under the advice of the Chief Medical Officer of Health.

While the focus of this guidance document is on the health, safety and operational measures that are required in order to safely operate child care, please note that every effort should continue to be made to uphold the welcoming and caring environment that child care provides for children and families. More information regarding the early years pedagogy, including helpful resources can be found on the <a href="ministry website">ministry website</a>. The ministry has also created a guidance document with ideas on how to provide an engaging environment while physically distancing: <a href="mailto:Building On How Does Learning Happen?">Building On How Does Learning Happen?</a>

Information about the status of child and family programs at this time can be found on the ministry website.

The <u>Early Years Portal</u> contains a wealth of information to help licensees, staff and home child care providers understand the requirements of the CCEYA and its regulations.

You may wish to visit the <u>provincial COVID-19 website</u> regularly for current information, as well as the <u>Public Health Ontario public resources page</u> for information to help stop the spread, find sector specific resources, including helpful posters, mental health resources, and other information.

If you have further questions or require clarification, please contact your Ministry of Education program advisor directly or contact the Licensed Child Care Unit at <a href="mailto:information.met@ontario.ca">information.met@ontario.ca</a>.

# LICENSING REQUIREMENTS

# **Licensing Processes and Renewals**

- Licenses are required to be amended, if necessary, to ensure director approvals and conditions on the license align with new restrictions.
- To support the operational needs of licensees, the ministry will prioritize and expedite the review of requests to revise and amend licenses.
- Licensees are required to meet all the requirements set out in the CCEYA and its regulations and to obtain all necessary approvals to support license revision requests.
- Licensees must follow all current ministry policies and guidelines.

# Inspections

- Ministry staff will conduct in-person monitoring and licensing inspections of child care centres, home child care agencies, home child care premises and in-home services where necessary.
- Ministry staff will:
  - conduct a pre-screen prior to entering the premises, as well as follow any screening protocols set out by the licensee (see screening section below);
  - o wear personal protective equipment (PPE); and,
  - follow any other protocols requested by the licensee or home child care or inhome service provider.
- Ministry staff will use technology (e.g., telephone, video conferencing) to complete virtual monitoring and licensing inspections where appropriate.

# **Maximum Group Size and Ratio**

- Child care settings are permitted to operate using maximum group sizes as set out under the CCEYA (i.e. licensed age groups prior to the COVID-19 outbreak).
- Staff and placement students are not included in the maximum group size, but should be assigned to a specific group as much as possible. Please see the <u>Staffing</u> section for more information.
- Children are permitted to attend on a part time basis and must be included in the
  maximum group size for the period of time they are in attendance. As with children
  attending full time, children attending part time should be included in one group and
  should not mix with other groups.
- While groups are permitted to return to the previous maximum group size under the CCEYA (i.e., maximum group size prior to the COVID-19 outbreak), each group should stay together throughout the day and as much as possible should not mix with other groups.

- Please see the <u>Health and Safety Requirements</u> section of this document for more information on limiting interactions between groups, particularly in shared spaces, and programming to support physical distancing.
- Licensees are required to maintain ratios set out under the CCEYA. Please see the group size and ratio charts below for reference.
- Mixed age grouping is permitted as set out under the CCEYA where a director approval has been granted on the license.
- Reduced ratios are permitted as set out under the CCEYA provided that groups are not mixed and that reduced ratios are not permitted at any time for infants.

#### **Group Size/Ratio Charts**

Age category	Age range of age category	Ratio of employees to children	Maximum number of children in group
Infant	Younger than 18 months	3 to 10	10
Toddler	18 months or older but younger than 30 months	1 to 5	15
Preschool	30 months or older but younger than 6 years	1 to 8	24
Kindergarten	44 months or older but younger than 7 years	1 to 13	26
Primary/junior school age	68 months or older but younger than 13 years	1 to 15	30
Junior school age	9 years or older but younger than 13 years	1 to 20	20

#### LICENSED FAMILY AGE GROUPS

Item	Age range of age category	Ratio of employees to children
1.	Younger than 12 months	1 to 3
2.	12 months or older but younger than 24 months	1 to 4
3.	24 months or older but younger than 13 years	1 to 8

# **Maximum Capacity of Building**

- More than one child care program, early years program or day camp can be
  offered per building as long as they are able to maintain separation between the
  groups and/or programs; and follow all health and safety requirements that apply to
  those programs.
- There is no change to the maximum group size for home child care which allows for a maximum of 6 children.

# **Staffing**

- Staff and placement students should work at only one location.
- Supervisors and/or designates should limit their movement between rooms, doing so when absolutely necessary.
- Interaction with multiple groups should be avoided as much as possible.
   Supply/replacement staff should be assigned to a specific group so as to limit staff interaction with multiple groups of children.
- Students on field placement should be assigned to a specific licensed age group.
- Qualified Staff
  - Licensees are required to ensure each group has the required number of qualified staff as set out in the CCEYA. Licensees may submit requests for staff director approval (DAs) to the ministry.
  - Staff DAs can be transferred from one child care centre to another child care centre that is operated by the same licensee. However, staff should limit their movement between each child care centre in order to reduce their interaction with multiple groups of children.
  - Licensees can also request a staff DA for multiple age groups.
- Certification in Standard First Aid Training, including Infant and Child CPR
  - Staff that are included in ratios and all home child care providers are required to have valid certification in first aid training including infant and child CPR, unless exempted under the CCEYA or the certification has been extended by the <u>Workplace Safety and Insurance Board</u> (WSIB).
  - The WSIB has indicated that all certifications that expire after March 1, 2020 are automatically temporarily extended.
  - Licensees are encouraged to monitor the WSIB website for any updates on First Aid/CPR certificate extensions for any staff, home child care providers or in-home service providers whose certification would have expired after March 1, 2020.
- Vulnerable Sector Checks (VSCs)
  - Licensees are required to obtain VSCs in accordance with the CCEYA from staff and other persons who are interacting with children at a premises, including placement students.

 If an individual is unable to obtain a VSC in a reasonable amount of time due to significant backlogs, they must ensure the individual has applied for a VSC and put in place additional measures as set out in their reference check policy.

# **HEALTH AND SAFETY REQUIREMENTS**

# Working with Health Canada / Local Public Health

- While the ministry is providing guidance on how to operate child care during the COVID-19 outbreak, First Nations and home child care providers must follow the advice of Health Canada and/or the local public health unit when establishing health and safety protocols, including how to implement any provincial or local public health unit direction on health and safety guidance.
- The ministry recognizes that this may result in regional differences in these protocols; but given the different impact of COVID-19 in different communities it is important to follow the advice of public health officials to keep children and families safe in their respective communities.
- Contact information for <u>Health Canada</u>. Contact information for <u>local public</u> health units.

# **Health and Safety Protocols**

- Every licensee must ensure that there are written policies and procedures outlining their health and safety protocols.
- Before re-opening for the first time, licensees must submit an attestation to the ministry that confirms new policies and procedure have been developed and reviewed with employees, home child care providers, home child care visitors and placement students.
- These policies and procedures must be consistent with any direction from Health Canada and/or local public health units and include information on how the child care setting will operate to prevent and minimize the impact of COVID- 19 in child care settings including, at a minimum, the following:
  - how cleaning and disinfecting the space, toys and equipment will be conducted;
  - how to report illness;
  - how physical distancing will be encouraged, particularly between groups;
  - requirements on the use of medical masks and eye protection, and personal protective equipment (PPE), including information on exemptions or exceptions;
  - o how shifts will be scheduled, where applicable;
  - how attendance records will be organized and maintained in order to facilitate contact tracing
  - o a communication plan in the event of a case/outbreak;
  - o rescheduling of group events and/or in-person meetings; and,
  - o parent drop off and pick up procedures.

- Under the <u>Occupational Health and Safety Act (OHSA)</u>, employers must take every reasonable precaution to protect the health and safety of workers.
- Please see the <u>guide on developing a COVID-19 workplace safety plan</u> to support you in fulfilling this obligation.

# **Cleaning Child Care Centres / Homes**

- Please refer to Public Health Ontario's <u>Environmental Cleaning fact sheet</u> and the Public Services Health and Safety Association's <u>Child Care Centre Employer</u> <u>Guideline</u> for information on cleaning.
- Child care centres and home child care premises should be cleaned daily. In addition, frequently touched surfaces should be cleaned and disinfected twice daily at a minimum, however, more frequent cleaning and disinfection may be necessary, depending on the frequency of use and extent of soilage.
  - Frequently touched surfaces include, but are not limited to washrooms (for example toilet fixtures, faucets), eating areas (for example, tables, sinks, countertops), doorknobs, light switches, handles, desks, phones, keyboards, touch screens, push buttons, handrails, computers, photocopiers, sports equipment, water fountain knobs.
- It is recommended that licensees keep a cleaning and disinfecting log to track and demonstrate cleaning schedules.
- Existing practices should be reviewed to determine where enhancements might be required, including frequency and timing of cleaning and disinfection, areas to clean and/or disinfect, choice of cleaning products, and child safety, staffing, signage, and PPE use when cleaning.
- It may also be helpful to keep an inventory to determine items to be stored, moved, or removed altogether to reduce handling or the challenges associated with cleaning them (for example, porous or soft items such as stuffed toys, area rugs, fabric upholstered seating).
- Information from Public Health Ontario provides best practices for cleaning and disinfecting, including:
  - which products to use, including disinfectants with Health Canada Drug Identification Numbers (DINs);
  - how to clean and disinfect different materials, including minimum surface contact time; and,
  - other items to remember, including checking expiry dates of cleaning and disinfectant products and following the manufacturer's instructions.
- It is recommended that shared spaces (e.g. washrooms) or shared objects, should be cleaned in between each use and only one group at a time should access the shared space/equipment.

- Where an individual is suspected of having COVID-19 in the child care setting:
  - Establish a protocol to determine contaminated areas and carry out cleaning and disinfection, including timing, when to return to use, methods of cleaning, PPE to be used while cleaning, and waste disposal.
  - Identify areas that may require cleaning plus disinfection (items used by the individual and all surfaces within 2 metres of the ill person) versus cleaning alone (such as a hallway or room where the individual has passed through).
  - Use disposable cleaning equipment, such as disposable wipes, where possible.
  - Remove all items that cannot be cleaned (paper, books, etc.) and store them in a sealed contained for a minimum of 7 days.
- A focus on proper hand hygiene before and after using shared play structures is advised.

# **Guidance on the Use of Masks, Personal Protective Equipment and Hand Hygiene**

- Licensees must include information on the use of PPE in their health and safety protocols that is consistent with the information in this section as well as any direction provided by Health Canada and/or their local public health unit.
- Expectations for adults in a child care setting:
  - All child care staff, home child care providers, home child care visitors and placement students are required to wear medical masks and eye protection (e.g. face shield or googles) while inside in a child care setting, including in hallways and staff rooms (unless eating – but time with masks off should be limited and physical distance should be maintained).
  - o If a child care staff, home child care provider, home child care visitor or placement student received a COVID-19 vaccination in the last 48 hours and has mild headache, fatigue muscle aches and/or joint pain that only began after immunization, and no other symptoms, they are to wear a properly fitted mask for their entire time in the child care setting. Their mask may only be removed to consume food or drink and the individual must remain at least two metres away from other when their mask has been removed.
  - All child care staff, home child providers, home child care visitors and placement students are required to wear medical masks outdoors when a distance of 2 metres cannot be maintained.
  - All other adults (i.e. parents/guardians, and visitors) are required to wear a
    face covering or non-medical mask while inside the premises (see information
    about the use of face coverings on the provincial <u>COVID-19 website</u>).

#### Expectations for children:

- All children in grades 1 and above are required to wear a non-medical mask or face covering while inside a child care setting, including in hallways.
- o If a child received a COVID-19 vaccination in the last 48 hours and has mild headache, fatigue, muscle aches and/or joint pain that only began after immunization, and no other symptoms, they are to wear a properly fitted mask for their entire time in the child care setting. Their mask may only be removed to consume food or drink and the child must remain at least two metres away from others when their mask has been removed.
- All children in grades 1 and above are required to wear a non-medical mask or face covering outdoors when a distance of 2 metres cannot be maintained.
- Children younger than grade 1 are encouraged to wear a non-medical mask or face covering while inside a child care setting, including in hallways.
- o Masks are not recommended for children under the age of two.
- See information about the use of masks on the <u>provincial COVID-19</u> website.
- Parents/guardians are responsible for providing their child(ren) with a non-medical mask(s) or face covering each day and should be reminded that if children are wearing masks, they will require a way to store their mask when not in use.

#### Proper use of PPE:

- Refer to <u>Public Health Ontario resources</u> for how to properly wear and take off masks and eye protection. You may also wish to view a <u>helpful video</u> on how to properly put on and take off masks and eye protection.
- Keep in mind that it may be difficult to put on a mask and eye protection properly (i.e. without contamination) after having removed them, given the frequent and spontaneous need for close interactions with young children in a child care setting.
- Perform and promote frequent, proper hand hygiene (including supervising or assisting participants with hand hygiene). Hand washing using soap and water is recommended over alcohol-based hand rub when hands are visibly soiled and for children. Refer to Public Health Ontario's <u>How to</u> <u>Wash Your Hands fact sheet.</u>
- Masks should be replaced when they become damp or visibly soiled.
- Reasonable exceptions to the requirement to wear masks are expected to be put in place by providers. Exceptions to wearing masks indoors could include circumstances where a physical distance of at least 2 metres can be maintained between individuals, situations where a child cannot tolerate wearing a mask, reasonable exemptions for medical conditions, etc.

- Licensees should ensure their masking exceptions policies support children to wear masks to the greatest extent possible.
- Licensees may discuss with parents/guardians, in consultation with the child's health care professional, whether other types of face coverings might work for the child.
- Licensees should consider ways to support nutrition breaks/mask breaks in a safe manner (i.e., a space where staff/providers can maintain at least 2 metres to remove masks and eat).
- Licensees should document their requirements and exemptions related to masks (e.g., within their COVID-19 policy).
- The use of medical masks and eye protection is for the safety of child care staff/providers and the children in their care. This is especially important when working with individuals who may not be wearing face coverings (i.e. young children under the age of two).

#### Sourcing PPE:

- Child care licensees and home child care providers should secure and sustain an amount of PPE (including but not limited to face shields or goggles, medical masks, gloves, etc.) and cleaning supplies that can support their current and ongoing operations.
- To support healthy and safe operation of child care programs, a supply of medical masks and eye protection (e.g. face shields) is being procured and delivered through the Ministry of Government and Consumer Services to licensed child care centres and home child care agencies on a monthly basis.
  - A one-time back-up supply of non-medical or cloth masks has been provided for school age children in child care in case they cannot bring one from home.
- The Ontario Together Portal has a <u>Workplace PPE Supplier Directory</u> that lists Ontario businesses that provide PPE and other supplies.

# **Screening for Symptoms**

A more rigorous and cautious approach has been adopted to support a more comprehensive and enhanced school and child care screening program. Child care centre staff, providers, placement students, and children with **any new or worsening symptom** of COVID-19, as indicated in the COVID-19 School and Child Care Screening Tool, even those with only one symptom, must stay home until:

- They receive a negative COVID-19 test result,
- They receive an alternative diagnosis by a health care professional, or
- It has been 10 days since their symptom onset and they are feeling better.

As reflected in the updated screening tool, if the child, child care staff, provider, placement student or visitor received a COVID-19 vaccination in the last 48 hours and is experiencing mild headache, fatigue, muscle aches, and/or joint pain that only began after vaccination, and no other symptoms as indicated in the <a href="COVID-19 School and Child Care Screening Tool">Child Care Screening Tool</a>, they may continue to attend the child care program if they are feeling well enough to do so.

These individuals are to wear a properly fitted mask for their entire time in the child care setting. Their mask may only be removed to consume food or drink and the individual must remain at least two metres away from others when their mask has been removed.

If the mild headache, fatigue, muscle aches, and/or joint pain symptoms worsen, continue past 48 hours, of if the individual develops other symptoms, they should leave the child care setting immediately, or if in a home setting, the home care provider should no longer offer care, self-isolate and seek COVID-19 testing.

In addition, if any household members are experiencing any new COVID-19 symptoms, and/or are waiting for COVID-19 test results after experiencing symptoms, the child, child care centre staff, provider or placement student must not attend child care. (This direction does not pertain to those who received a COVID-19 vaccination in the last 48 hours and are experiencing mild headache, fatigue, muscle aches, and/or joint pain that only began after vaccination, and no other symptoms.) (See <u>Monitoring and Responding to Reports of COVID-19 Symptoms in a Child Care Setting</u> section below for isolation and quarantine requirements.)

#### Child Care Centres

Licensees are to ensure that on-site confirmation of self-screening is conducted for all child care centre staff, placement students and visitors, as outlined below.

- In addition to daily self-screening, licensees are expected to have a process in place to validate the daily self-screening of child care centre staff, placement students, and visitors upon their arrival at the child care.
- The licensee will be responsible for ensuring all child care centre staff, placement students, and visitors have completed and passed their daily COVID-19 selfscreen. The <u>COVID-19 School and Child Care Screening Tool</u> can support licensees to meet this requirement.
- At a minimum, child care centre staff, placement students, and visitors are to complete and provide daily confirmation of having self-screened, in a format deemed appropriate and accessible by the licensee (e.g. proof of completed paper copy of screener, mobile application indicating a "pass"), prior to/upon entry.

- Any of these individuals that do not pass the on-site screening procedures will be asked to return home and self-isolate.
- At the advice of the local public health unit, licensees may choose to implement additional on-site screening measures based on local circumstances.

#### Home Child Care

- Home child care providers must conduct a daily self-screen and screen all other members of the household before providing child care.
  - If the provider or any other member of the household does not pass the screening, the provider should notify the home child care agency and must not provide child care.
- Home child care providers are to ensure that, before any individual enters the
  premises, the individual has completed and passed their daily COVID-19 selfscreen. The <u>COVID-19 School and Child Care Screening Tool</u> can support
  providers to meet this requirement.
- At a minimum, placement students and visitors are to complete and provide confirmation of having self-screened to the provider, in a format deemed appropriate and accessible by the licensee (e.g. proof of completed paper copy of screener), prior to entering the premises.
- Any individuals that do not pass the on-site screening procedures will be asked to return home and self-isolate.
- At the advice of the local public health unit, home child care agencies may choose to implement additional on-site screening measures based on local circumstances.

#### <u>Children</u>

Parents and guardians are to screen their children for symptoms of illness every day. The <u>COVID-19 School and Child Care Screening Tool</u> is available to support parents and guardians to meet this requirement.

- Parents or guardians of any child that has not completed the screening for symptoms prior to arriving at the child care setting will be required to complete screening prior to entry.
- Any child that does not pass the on-site screening procedures will be asked to return home and self-isolate.
- At the advice of the local public health unit or Health Canada, licensees may choose to implement additional on-site screening measures based on local circumstances.

#### **General Screening Requirements**

- It is the responsibility of the licensee to ensure that on-site screening procedures (including on-site screening) are completed.
- Licensees should post signs at entrances to the child care setting to remind staff, parents/caregivers, and visitors of screening requirements.
- Licensees should make self-assessment tools available to staff to ensure awareness of possible symptoms of COVID-19.
  - The ministry continues to ask that screening criteria is aligned to the provincial tool.
  - Licensees may wish to consult the <u>Province's COVID-19 website</u> for information and resources on COVID-19 symptoms, protections, and seeking health care.
- For screening an individual at the child care setting and escorting children to the
  program, licensees should take appropriate precautions including, maintaining a
  distance of at least 2 metres from those being screened, being separated by a
  physical barrier (such as a plexiglass barrier), and providing alcohol-based hand
  rub containing 60% to 90% alcohol content at all screening stations. In
  communities where alcohol is not permitted, safe and effective alternatives should
  be discussed with Health Canada and/or the local public health unit.

#### **Attendance Records**

- In addition to attendance records for all children receiving child care, all child care licensees are responsible for maintaining daily records of anyone entering the facility/home.
- These records must include all individuals who enter the premises (e.g. staff, cleaners, people doing maintenance work, people providing supports for children with special needs, those delivering food).
  - Records are to be kept on the premises (centre or home) and along with the name and contact information must include an approximate time of arrival and time of departure for each individual.
- Records must be kept up-to-date and available to facilitate contact tracing in the event of a confirmed COVID-19 case or outbreak. (i.e., records can be made available to public health within 24 hours of a confirmed COVID-19 case or outbreak).

# Monitoring and Responding to Reports of COVID-19 Symptoms in a Child Care Setting

The Ministry of Health updated guidance to public health units regarding COVID-19 variants of concern, requiring all household contacts of symptomatic individuals to quarantine.

- All asymptomatic household contacts of symptomatic individuals are required to quarantine until the symptomatic household member:
  - o receives a negative COVID-19 test result, or
  - o receives an alternative diagnosis by a health care professional.
- If the symptomatic individual tests positive, or is not tested and does not receive
  an alternative diagnosis from a health care professional, the symptomatic
  individual must isolate (including from household members) for 10 days from
  symptom onset, and all household contacts must isolate until 14 days from their
  last contact with the symptomatic individual.
- Anyone who is symptomatic, does not pass screening, or has been advised to self- isolate by the local public health unit must not be permitted to attend the program (this includes children, child care centre staff, placement students, home child care providers and those ordinarily resident/regularly at the home child care premises).
- If a household member received a COVID-19 vaccination in the last 48 hours and is experiencing mild headache, fatigue, muscle aches, and/or joint pain that only began after vaccination, and no other symptoms as indicated in the <a href="COVID-19">COVID-19</a>
  <a href="School and Child Care Screening Tool">School and Child Care Screening Tool</a>, they are not required to self-isolate (stay home). If the symptoms worsen, continue past 48 hours, or if the individual develops other symptoms, they should immediately self-isolate and seek COVID-19 testing.
- Persons who test positive for COVID-19 should follow the guidance of their local public health unit, Health Canada, and/or health care professional regarding direction for isolation and returning to a child care setting. The individual cannot return until cleared by their public health unit or Health Canada. Note that individuals do not need to provide a medical note or proof of negative result to return to the program.
- If an individual becomes ill while in the child care setting:
  - The ill individual be immediately separated from others, in a separate room where possible (i.e. an isolation room). Parents/guardians must be contacted for pick-up of symptomatic children.
  - Symptomatic children who are separated from others must be supervised.
  - Anyone providing care to the ill individual should maintain as much physical distance as possible. If physical distancing is not possible (e.g., if a young child needs comfort) staff/providers must consider added PPE (i.e., gloves, gown).

- The person caring for the individual must wear a medical mask and eye protection and be trained on proper use of PPE, including donning and doffing.
- o If tolerated, the ill individual should also wear a medical mask.
- Hand hygiene and respiratory etiquette should be practiced while the ill individual is waiting to be picked up.
- Cleaning of the area the separated individual was in and other areas of the child care setting where the ill individual was should be conducted as soon as reasonably possible after the ill individual leaves.
  - •For home-based programs: if a person who resides in the home develops COVID-19 symptoms, they should be isolated away from the children and infection prevention and control measures should be adhered to (e.g., daily cleaning, frequent cleaning/disinfecting of high touch surfaces, frequent hand washing).
- The ill individual and/or their parent or guardian be advised to use the <u>online</u> <u>self-assessment tool</u> and follow instructions which may include seeking medical advice or going for testing for COVID-19.
- Communication protocols to update and inform necessary stakeholders within the child care community while maintaining confidentiality of the ill individual should be initiated (e.g., contact the school, home child care agency, service system manager and/or ministry through a Serious Occurrence Report as applicable).
- Regular child care operation can continue unless directed otherwise by the local public health unit.
- For home-based programs: if a person who resides in the home tests positive for COVID-19, the local public health unit should be notified and their advice on next steps should be followed (including closing the program and notifying all families if necessary).
- An ill individual who has a known alternative diagnosis provided by a health care
  professional may return to child care if they do not have a fever and their
  symptoms have been improving for at least 24 hours.
- All child care and early years sector partners, together with the Ministry of Health, Public Health and Health Canada, will work closely to monitor and respond to reports of COVID-19 symptoms.

# Reporting and Serious Occurrence Reporting

- Child care licensees have a duty to report suspected or confirmed cases of COVID- 19 to the medical officer of health under the <u>Health Protection and</u> <u>Promotion Act</u>.
- Previously, licensees were also required to report all suspected cases of COVID-19 to the ministry. Currently, only where a child, parent, staff, student, home child care provider, home child care visitor or a person who is ordinarily a resident /regularly present at a home child care premises has a confirmed case of COVID-19 (i.e., a positive case of COVID-19 test result), licensees must:

- o report this as a serious occurrence to the ministry.
- report to the local public health unit and provide any materials (e.g., daily attendance records) to public health officials to support case management and contact tracing and other activities in accordance with all applicable legislation, including the <u>Municipal Freedom of Information and Protection</u> of Privacy Act.
- Public health officials will determine any additional steps required, including but not limited to how to monitor for other possible infected staff/providers and children and the declaration of an outbreak and closure of rooms and/or entire child care settings.
  - If a closure is ordered by the local public health unit and the licensee has already submitted a serious occurrence for a confirmed case, the existing serious occurrence must be updated to reflect the closure.
- Should additional individuals at the child care program develop a confirmed case, licensees must either:
  - Revise the open serious occurrence report to include the additional cases;
     or.
  - Submit a new serious occurrence report if the first has been closed already.
- While licensees are no longer required to report a serious occurrence for suspected cases; if the local public health unit determines that a full or partial closure is required (i.e., program room, home premises or entire child care centre must remain closed for a period of time), a serious occurrence report must be submitted under the "Unplanned Disruption of Service" category.
- Please also note there are requirements of employers to let workers know if they may have been exposed in the workplace. Please see the <u>guide on</u> <u>developing a COVID-19 workplace safety plan</u> for more information.

# Outbreak Management

- An outbreak may be declared by the local public health unit when:
  - within a 14-day period, there are two or more laboratory-confirmed COVID-19 cases in children, staff/providers or other visitors with an epidemiological link (e.g. cases in the same room, cases that are part of the same before/after school care cohort) where at least one case could have reasonably acquired their infection in the child care setting.
- The local public health unit will work with the licensee to determine whether epidemiological links exist between cases and whether transmission may have occurred in the child care setting.
  - If the local public health unit declares an outbreak, they will determine what happens next. This could include closing particular child care rooms or cohorts or an entire child care setting.

- The public health unit will help determine which groups of children and/or staff/providers need to be sent home or if a partial or full closure of the child care setting is required.
- If the public health unit determines that partial or full closure of the child care setting is required, the licensee must revise their existing serious occurrence report for a confirmed COVID-19 case to include information about the closure.

### **OPERATIONAL GUIDANCE**

#### PRE-PROGRAM CONSIDERATIONS

#### **Communications with Families**

- Communication with families regarding the enhancement of health and safety
  measures facilitates transparency of expectations. New policies should be shared with
  families for their information and to ensure they are aware of these expectations,
  including keeping children home when they are sick, which are aimed at helping to
  keep all children and staff/providers safe and healthy.
  - Licensees should develop an addendum to the parent handbook or fact sheet to communicate the enhanced health and safety measures being implemented, including requirements and exceptions related to masks, as well as any new expectations of parents/guardians.
  - Licensees are not required as part of re-opening to revise their program statement, full parent handbook and other policies.
  - Licensees may want to consider providing links to helpful information, as well as detailed instructions regarding screening and protocols if a child or individual in the program becomes ill.
  - Priority/waitlist policies may need to be updated to account for limited capacity when re-opening. Any changes to policies should be communicated to families so they are aware of the changes. An equitable approach should be implemented to assess priority for care.
  - Where possible, the use of in-person communication should be limited.

# **Access to Child Care Spaces and Prioritizing Families**

- Given the strict health and safety measures in place and the advice of Health
  Canada and/or local public health units, some child care licensees/providers may
  continue to operate at reduced capacity for a period of time. When determining
  prioritization of limited child care spaces, licensees, and home child care providers may
  wish to consider the following:
  - Returning children served through emergency child care to their original placement and continuity of service for these families;
  - Care for families where parents must return to work and that work outside of the home:
  - Families with special circumstances that would benefit from children returning to care, such as children with special needs; and,
  - Other local circumstances.
- Licensees, and home child care providers should also consider that some families they

- used to serve may no longer require care; or require a different level of care (e.g. part time child care).
- Assessing demand for care as the COVID-19 outbreak and health and operational advice changes is recommended.
- There may be families served through the Emergency Child Care for school-aged children program that were not accessing service prior to the closure and are no longer eligible for their space with the conclusion of the Emergency Child Care program.
   Licensees should work to support families to transition to the service level, program location, and payment structure that best suits their needs.

# Staff / Provider Training

- First Nations must ensure that training that is aligned with Health Canada and/or
  public health unit direction is provided to all child care staff/providers on the health,
  safety and other operational measures outlined in this document plus any additional
  requirements in place.
- Updated training should be offered such that all child care staff/providers receive
  training on current health and safety measures in place according to the Operational
  Guidance as well as those in place by the local Public Health Unit or Health Canada.
  You may wish to consult the Public Services Health and Safety Association's <a href="Child Care Centre Employer Guideline">Child Care Centre Employer Guideline</a> for information on other measures to consider for
  child care staff/providers. Note that there is also a <a href="resource document for Child Care Providers">resource document for Child Care Providers</a>.
- This may include instruction on how to properly use PPE, how to properly clean and disinfect the space and equipment, how to ensure daily screening is completed, how to keep daily attendance records, and what to do in the case that someone becomes sick, including how and when to report.
- It may be useful to draw on the approaches adopted by those who operated emergency child care sites as well as any lessons learned from those operating through early phases of re-opening.

# Liability and Insurance

- All requirements under the CCEYA must be met in addition to the enhanced health and safety measures outlined in this document and by public health.
- Licensees and child care providers may wish to consult with their legal counsel or insurance advisor about any other considerations for operating and providing child care during this period.

#### IN-PROGRAM CONSIDERATIONS

# **Transportation**

- Many child care programs use school buses, vans or other vehicles to transport children to and from child care programs. Strategies to minimize risk to children and drivers should be considered:
  - practice physical distancing, where possible, so that children sit apart from one another, rather than operating a full vehicle with every seat occupied;
  - o installing shields, such as plexiglass to separate drivers and children; and,
  - o drivers should be advised to stay home if they have any symptoms of ill health.
- Information regarding transportation during the pandemic is available from the federal government <u>here</u>.
- Where transportation by school bus is provided to or from a child care program, First Nations may wish to refer to the document prepared by the federal government providing guidance specific to school bus operations during the COVID-19 pandemic.

# **Drop-Off and Pick-up Procedures**

- Licensees should develop procedures that support physical distancing and separate groups of children as best as possible – ideally separate entrances and exits (e.g. children of one room enter door A and children of another room enter door B) or staggered entrance times. You may want to review the Preparedness Checklist developed by Public Health Ontario for school re- opening, for helpful considerations.
- As much as possible, parents should not enter the premises.
- All entrances and exits should have 60%-90% alcohol-based hand rub with signage demonstrating appropriate use (see <u>How to Wash Your Hands</u>) and everyone entering should be encouraged to use the hand rub. In communities where alcohol is not permitted, safe and effective alternatives should be discussed with Health Canada and/or the local public health unit.
- Hand rub should not be accessible to children (i.e. within their reach) and children should be supervised when using the hand rub.
- Consider using signage/markings on the ground to direct families through the entry steps.
- Personal belongings should be labeled and kept in the child's cubby/designated area (e.g. backpack, hats and mitten, etc.). While appropriate clothing for the weather (e.g. jackets, hats, sunscreen) should continue to come with the children, other personal belongings (e.g. toys) should be minimized.
- You may want to consider a specific policy/protocol for stroller storage if this typically takes place inside the child care setting (for example, designating a space outside of the child care setting, such as a storage shed, so that parents do not need to enter the building to leave the stroller).

#### **Visitors**

- There should be no non-essential visitors at the program.
- Students completing educational placements will be permitted to enter child care settings and should only attend one child care setting and be assigned to one group of children.
- Students will also be subject to the same health and safety protocols as other staff
  members such as having their daily self-screening results validated on-site, the use of
  PPE when on the child care premises, and they must also review the health and
  safety protocols.
- The provision of special needs services may continue and licensees may use their discretion to determine whether the services being provided are essential and necessary at this time.
- Use of video and telephone interviews should be used to interact with families where possible, rather than in person.
- Ministry staff and other public officials (e.g. fire marshal, public health inspectors) are permitted to enter and inspect a child care centre, home child care agency and premises at any reasonable time.
- As much as possible, parents should not enter the premises.
- Licensees must ensure that there are no volunteers at the program.

# Space Set-Up and Physical Distancing

- Physical distancing between children in a child care setting can be difficult to maintain; however, it is an important strategy that should be encouraged whenever possible.
- It is also important to maintain a welcoming and caring environment for children.
   Please see the document <u>Building On How Does Learning Happen?</u> for more support and ideas on how to provide an engaging environment while physically distancing.
- Each group of children must have their own assigned indoor space, separated from all other groups by a physical barrier. The purpose of the barrier is to reduce the spread of respiratory droplets that are thought to transmit COVID-19 and to reinforce physical distancing requirements between groups. The physical barrier must begin at the floor and reach a minimum height of 8 feet to ensure that it will always be 12 inches taller than the tallest person in the facility. It must be as wide as the space/room will allow.
- When in the same common space (e.g., entrances, hallways), physical distancing of at least 2 metres must be maintained between different groups and should be encouraged, as much as possible, between children within the same group:
  - spreading children out into different areas, particularly at meal and dressing time:
  - incorporating more individual activities or activities that encourage more space between children; and,

- o using visual cues to promote physical distancing.
- In shared outdoor space, a distance of at least 2 metres must be maintained between groups and any other individuals outside of the group at all times. Outdoor times can be used as opportunities to provide children with breaks from wearing masks within their groups.
- Licensees and home child care providers are encouraged to increase the distance between cribs/cots/resting mats/playpens or place the children head to toe or toe to toe if the space is limited.
- Shared spaces and structures that cannot be cleaned and disinfected between groups should not be used.
- When using gymnasiums to provide opportunities for physical activity for children and youth:
  - Children and staff should not be engaged in moderate to vigorous physical activity indoors. When moderate to vigorous physical activity takes place outdoors, children and staff should maintain physical distancing. Masks should be worn for high intensity activity.
  - Gymnasiums should only be used for moderate activity where physical distancing measures and current masking protocols for children and program staff can be followed.
  - Efforts should be made to limit the use of shared equipment. Shared equipment should be disinfected regularly and children and program staff should practice proper hand hygiene before and after participating in physical activity and equipment use.
- Recognizing that physical distancing is difficult with small children and infants, additional suggestions include:
  - planning activities that do not involve shared objects or toys;
  - o when possible, moving activities outside to allow for more space; and,
  - o singing only be in alignment with the requirements set out in <u>Reopening</u> Ontario (A Flexible Response to COVID-19) Act, 2020.

# **Equipment and Toy Usage and Restrictions**

- Licensees and home child care providers are encouraged to provide toys and equipment which are made of materials that can be cleaned and disinfected (e.g. avoid plush toys).
- Toys that have been placed in a child's mouth should be cleaned and disinfected immediately after the child is finished using them.
- Licensees and home child care providers are encouraged to have designated toys and equipment (e.g. balls, loose equipment) for each room or group of children. Where toys and equipment are shared, they should be cleaned and disinfected prior to being shared, including between groups.

- If sensory materials (e.g., playdough, water, sand, etc.) are offered, they should be provided for single child use (available to the child for the day) and labelled with child's name, if applicable.
- Play structures can only be used by one group of children at a time. Please consult with Health Canada and/or public health regarding the use of playground equipment onsite.

# **Program Statement / Activities**

- Licensees are encouraged to continue to implement their program statement.
- The ministry recognizes that there may be approaches outlined in the program statement which may not be possible due to physical distancing.
- Licensees are not required to make updates to their program statement during this time.

# **Outdoor Play**

- Licensees should schedule outdoor play by groups in order to facilitate physical distancing. Where the outdoor play area is large enough to accommodate multiple groups, licensees must separate the groups by at least 2 metres. Outdoor times can be used as opportunities to provide children with breaks from wearing masks within their groups.
- If play structures are to be used by more than one group, the structures should only be used by one group at a time.
- Licensees and home child care providers are encouraged to have designated toys and equipment (e.g., balls, loose equipment) for each room or group. Where toys and equipment are shared, they should be cleaned and disinfected prior to being shared.
- Licensees and home child care providers should find alternate outdoor arrangements
  (e.g. community walk), where there are challenges securing outdoor play space.
  Providers should follow physical distancing practices when possible. Outdoor times can
  be used as opportunities to provide children with breaks from wearing masks within
  their groups.
- Children should bring their own sunscreen where possible and it should not be shared.
  - Staff may provide assistance to apply sunscreen to any child requiring it and should exercise proper hand hygiene when doing so (e.g. washing hands before and after application).

# Interactions with Infants/Toddlers

- Licensees should continue to encourage staff and home child care providers to supervise and hold bottles for infants not yet able to hold their own bottle to reduce the risk of choking.
- Licensees and home child care providers should consider placing infants in every other crib, and mark the cribs that should not be used in order to support physical distancing.

- Recognizing that physical distancing is difficult with small children and infants, suggestions to support physical distancing include:
  - o planning activities that do not involve shared objects or toys; and,
  - o when possible, moving activities outside to allow for more space.
- Children must not share food, feeding utensils, soothers, bottles, sippy cups, etc. Toys that have been placed in a child's mouth must be removed immediately for cleaning and disinfecting and must not be shared with other children.
  - o Label these items with the child's name to discourage accidental sharing.

#### **Food Provision**

- Licensees and home child care providers should change meal practices to ensure there is no self-serve or sharing of food at meal times.
  - Utensils should be used to serve food.
  - Meals should be served in individual portions to the children.
  - o There should be no items shared (e.g. serving spoon or salt shaker).
- There should be no food provided by the family/outside of the regular meal provision of the program (except where required with special precautions for handling and serving put in place).
- Children should neither prepare nor provide food that will be shared with others.
- Ensure proper hand hygiene is practiced when staff are preparing food and for all individuals before and after eating.
- Where possible, children should practice physical distancing while eating.
- There should be no sharing of utensils.

# Provision of Special Needs Resources (SNR) Services

- The ministry recognizes that children with special needs and their families continue to require additional supports and services in child care settings.
- The provision of in-person special needs services in child care settings should continue where appropriate and licensees may use their discretion to determine whether the services being provided are essential and necessary at this time.
- Please work with special needs service providers to explore alternative modes of service delivery where in-person delivery is not possible.
- All SNR staff must have their daily self-screening results validated on-site before
  entering the child care setting and must follow all health and safety measures that
  staff/providers follow, including having their attendance logged, practicing proper hand
  hygiene, wearing a mask, and maintaining physical distancing as much as possible.
- Licensees and SNR service providers should work together to determine who will be responsible for ensuring SNR staff have appropriate PPE.
- Where SNR services are provided through external staff/service providers, licensees and home child care providers should inform all families of this fact, and record attendance for contact tracing purposes.