

# The Kids Guide to Staying Awesome and In Control 3 Part Series

We are pleased to be hosting a 3 part virtual series with Lauren Brukner for Educators and caregivers of children 0—12 years. Lauren Brukner is a Senior Occupational Therapist and published author currently working as a Senior Occupational Therapist and evaluator for the NYC Department of Education. She has appeared as a guest on The Autism Show, The Manhattan Neighborhood Network's School-Home Connection, the Autism Society of Florida Podcast, the Sue Larkey Podcast, the Sue Atkin's Show, Dana's Kids, the Joseph Bonner Show, and the Matt Townsend Show. Her books have won the Mom's Choice Gold award and have been endorsed by Dr. Temple Grandin and Dr. Lucy Jane Miller.

First and second evenings will focus on implementing self-regulation supports and strategies from the book - ***The Kids Guide to Staying Awesome and in Control***. It will also include visual guides and assessments from her book —

### ***How to be a Super Hero Called Self-Control.***

On the third evening, participants will gain an understanding of Universal Design Learning and why it is important to implement in programs. She will also cover exploring all the sensory systems. Participants may attend any of the sessions offered.



**Dates:** Monday October 18, Tuesday October 26th and Monday November 1st, 2021

**Time:** 7:00 p.m.—8:00 p.m.

**Location:** Zoom

**Cost:** Free

**To register please go to:** <https://www.eventbrite.ca/e/the-kids-guide-to-staying-awesome-and-in-control-tickets-171277925887>

**Please note that you will need to register for each evening separately.**

Details can be found on the Eventbrite page.

Registration and event information is also available on the Early Learning Professionals Oxford website page: <https://elpoxford.ca/events/month/2021-10/>

**For more information please contact Linda Sonnenburg at [Linda@goodbeginningsday.com](mailto:Linda@goodbeginningsday.com)**

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